

SHIMMER

Count: 32. **Wall:** 4. **Level:** Absolute Beginner

Choreographer: Michelle Wright (USA) - May 2026

Music: Shimmer by Meghan Trainor. Album: Toy With Me (Deluxe)

INTRO: 16 count. Weight on L. No Tags, No Restarts.

STOMP, SWIVEL IN-HEEL, TOE, HEEL, BACK, TOUCH, BACK, TOUCH

1-4 Stomp R forward 45° right, Swivel L heel in, Toe in, Heel in

5-8 Step L back 45° left, Touch R beside L, Step R back 45° right, Touch L beside R

STOMP, SWIVEL IN-HEEL, TOE, HEEL, BACK, TOUCH, SIDE, TOUCH

1-4 Stomp L forward 45° left, Swivel R heel in, Toe in, Heel in

5,6 Step R back 45° right, Touch L beside R

ENDING: see below

7,8 Step L to left, Touch R beside L

VINE RIGHT, FLICK, VINE LEFT 1/4, BRUSH

1-4 Step R to right, Step L behind R, Step R to right, Flick L up behind R

5-8 Step L to left, Step R behind L, Turn ¼ left step L forward, Brush R **[9:00]**

V STEP, BUMP HIPS TWICE RIGHT, BUMP HIPS TWICE LEFT

1-4 Stomp R forward 45° right, Stomp L forward 45° left, Step R back to centre, Step L beside R

5-8 Bump hips twice to right, Bump hips twice to left **[9:00]**

Styling: Make the V step hippy by pushing hips in each step matching direction.

32 REPEAT

ENDING: During Wall 11 dance to count 14 then:

1/4 LEFT, 1/4 LEFT

Turn ¼ left step L forward, Turn ¼ left step R to right and pose.

OR

you can finish 16 counts and step R to right and look over left shoulder towards 12:00.

Feel free to add in your own shimmer to the dance!